Harrisonburg-Rockingham CSB COMMUNITY RESOURCE GUIDE

[MEDICAL] EMERGENCY: 911

HRCSB 24-HOUR EMERGENCY SERVICES: (540) 434-1766 SUICIDE LIFELINE: 1-(800) 273-8255 SUICIDE LIFELINE – <u>SPANISH</u>: 1-(888) 628-9454 POISON CONTROL: 1-(800) 222-1222 HARRISONBURG POLICE DEPARTMENT (NON-EMERGENCY): (540) 434-4436 ROCKINGHAM COUNTY SHERRIFF'S DEPARTMENT (NON-EMERGENCY): (540) 564-3800 CHILD PROTECTIVE SERVICES: 1-(800) 552-7092 ADULT PROTECTIVE SERVICES: 1-(800) 832-3858

EMERGENCY SHELTER

Centralized Housing Intake: Households experiencing homelessness, (540) 271-1702

First Step: Emergency shelter for victims of domestic violence and their children. 129 Franklin St. (540) 434-0295

Mercy House: Emergency shelter and other services for families. 305 North High St. (540) 432-1812

Open Doors: Emergency shelter for adults over 18. Office: 705-1908 Shelter: (540) 578-3869

MENTAL HEALTH AND SUBSTANCE USE TREATMENT

H-R Community Services Board: Mental health, substance abuse and developmental services, (540) 434-1941

Alcoholics Anonymous: (540) 434-8870

Collins Center: Services for victims of sexual assault and abuse, (540) 432-6430

Community Counseling Center: Counseling for individuals, couples, and families. (540) 433-1546

Sentara RMH: Individual counseling, group therapy, and partial hospitalization program, (540) 564-5100

Strength in Peers: Peer support services by trained individuals in recovery, (540) 217-0869

HEALTH

H/R Health Department: STD and HIV/AIDS screening, family planning/birth control, immunizations, WIC, and child dental clinic, (540) 574-5101

Harrisonburg Community Health Center: Primary care, dental, and counseling, (540) 433-4913

Sentara RMH Medical Center: Medical care, (540) 689-1000

Suitcase Clinic: Medical care for the homeless. Call nurse Terri, (540) 908-1789 Veterans Outpatient Primary Care Clinic: (540) 282-6035

Blue Ridge Free Clinic: Healthcare, medication assistance, and urgent dental care, (540) 705-0337

EMPLOYMENT, PARENTAL SUPPORT, AND FINANCIAL AID

H/R Dept of Social Services: Food stamps, Medicaid & other public benefits, (540) 574-5100

Division of Rehabilitative Services: (540) 434-5981

Elkton Area United Services: Financial assistance, (540) 298-8685

People Helping People: Financial assistance, (540) 433-7286

Valley Workforce Center: Free services for career seekers, (540) 433-4864 Way 2 Go: Help for low-income families to purchase/maintain a vehicle, (540) 705-6201

Hand-in-Hand Resource Mothers: Mentor Program for pregnant teens & teen moms, (540) 564-7151

Healthy Families of the Blue Ridge: Assistance for first-time parents, (540) 564-5982

Second Home: Before & after school care for qualifying children in HCPS, (540) 432-7989

OTHER SERVICES

Our Community Place: Free showers, laundry, meals - (540) 208-7552 Hope House of the Shenandoah: Housing services, people ages 18-24, (540) 466-

3320

Blue Ridge Legal Services: Legal assistance for low-income clients (540) 433-1830 Kingsway Prison & Family Outreach: (540) 433-5658

New Bridges Immigrant Resource Center: Immigrant services and legal immigration counsel (540) 438-8295

Refugee Resettlement Office: Services to refugees and legal immigration services to the community (540) 433-7942

Skyline Literacy: Offers services in literacy, English, & citizenship (540) 433-0505 Friendly City Safe Space: LGBTQ+ community space, 540-308-9009

